

# Blood clots, cancer & you: What you need to know



people living with cancer will develop a blood clot (known as '**Cancer-Associated Thrombosis**' – or **CAT** for short)



CAT can be very serious – but there are effective treatments to help prevent further clots



If you develop CAT, you may need to keep using daily treatment (anticoagulant) for your clot for at least 6 months, or longer if your doctor says so

Contact your healthcare team immediately if you develop:

- Swelling or pain in the leg or calf
- Warmth and redness of the leg
- Unexplained shortness of breath
- Chest pain (particularly when breathing deeply)
- Blood being produced when you cough

**You may have developed a clot and need urgent treatment**

Name:

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Your healthcare team contact is:

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In-hours contact number:

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If you are worried about blood clots outside of clinic hours, go straight to A&E or call your acute oncology team (out-of-hours contact):

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Ask your healthcare team for more information  
or visit the Anticoagulation Europe hub

[www.anticoagulationeurope.org](http://www.anticoagulationeurope.org)



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